



ZUMA
W E L L N E S S

ZUMA HEALTH TALKS

Every 3rd Thursday 6:30pm - 8pm
Followed by refreshments & mixer next door
at Zuma Wellness

Kinetic Center
21355 PCH, Suite 200 Malibu, CA 90265

FREE Event, Donations Welcome
To reserve your spot, call 310-317-4888



~ 2018 SCHEDULE ~

January 18th: Forces That Heal for Real -Sifu Matthew

February 15th: Boost Your Immunity with Essential Oils -Cindy Lu & Earl

March 15th: Is Your Posture Killing You? -Dr. Jason Kaufman

April 19th: The Paleo Thyroid Solution -Elle Russ

May 17th: The Divine Feminine and Your Health -Josie Keys

June 21st: Look Young, Feel Young: The Natural Way -Dr. Sarah Murphy

July 19th: Forces That Heal for Real -Sifu Matthew

August 16th: The Natural Way to A Bright, Sexy Brain -Dr. Sarah Murphy

September 20th: Malibu Essential Oils -Cindy Lu & Earl

October 18th: Spiritual Hygiene -Patricia Freebery

November 15th: The Divine Feminine and Your Health -Josie Keys

December 20th: Six Health Secrets -Dr. Jonci Jensen